

## NEWCASTLE

### WHAT IF I AM DISCHARGED FROM THE CHILDREN'S SERVICE?

Not all children who have a burn injury will need to have treatment at an adult burn service. Some will be discharged from the children's service it is considered that they do not have any ongoing needs related to their burn.

It is possible however that problems may arise at a later stage. The adult burns service may be able to help if you have difficulties in the future with:

Tight scars	Appearance related concerns
Restricted movement	Post trauma difficulties related to your accident
Wound breakdown	Questions about surgery

### IF YOU EXPERIENCE ANY OF THESE PROBLEMS

At a later stage we recommend that you approach your GP who will be able to refer you to your adult service.

[hello-again.co.uk](http://hello-again.co.uk) holds a wealth of information for young people, their parents and health professionals, about the transition process. It will give you practical information about your local adult service, where to go, where to park, visiting times and who your lead transition nurse is. There is also advice around how to prepare for transition as well as stories from young people who have been through the transition process.

#### Your Local Service



**The Newcastle Hospitals Burns Service is based in:**  
Newcastle Hospitals NHS Foundation Trust  
The Royal Victoria Infirmary  
Queen Victoria Road  
Newcastle upon Tyne  
NE1 4LP

**Children's Burns Service:**  
Ward 11 (Level 4, New Victoria Wing)  
0191 282 6011

**Adult Burns Service:**  
Ward 37 (Level 5, Leazes Wing)  
0191 282 5637

# WHAT'S

# NEXT?

## WELCOME...

This leaflet has been created for young people who have had a burn injury and will be moving from having their care provided in a children's setting. For some of you, you will need to 'transition' to an adult setting, this maybe in the same hospital, or a different one. For others, you may be ready for discharge from the children's burns service.

Many young people who have had a burn injury as a child, and their families, build up strong and supportive relationships with the burns team at their children's hospital. Moving to a different hospital or service for your burns care as an adult can be a daunting prospect, but can be an exciting change too. Hopefully it will feel like saying 'hello again' ... **a friendly welcome from the adult burn care team!**



# THIS WAY

### WHAT IS 'TRANSITION'?

The term 'transition' is used in health care to describe the process that happens when young people start to make the move over from child into adult care services. When health professionals start to discuss transition with you, they are talking about getting ready to start thinking about adult services.

Getting to know a new team of doctors and nurses in the adult services may seem daunting. We will support you to be involved in the transition process so that you will feel more confident and happier about the move. Transition is about making plans with you - and not about you.

From the age of 14 onwards your doctor or nurse may begin to talk to you and your parents about transition. Gradually you will be encouraged to be more involved in helping the doctors make the right decisions for you and to find out more about your condition and how it will affect you as an adult. You will also be encouraged to become more independent in managing your burns care, for example, you might begin having part or all of your hospital appointments without your parents present if you want to.

### WILL I NEED TREATMENT IN AN ADULT BURNS SERVICE?

Not all children who have a burn injury will need to have treatment at an adult burn service. However it is not always possible to know who will and who won't need treatment as an adult. This is why we introduce the idea of transition to everyone.

### AT WHAT AGE WILL MY CARE BE TRANSFERRED?

The process of transition is not something that happens suddenly, it does take time. Some people are ready to move to adult services earlier than others. It is important that when it happens, you feel fully prepared and you feel as though you understand the process and are comfortable with the change.

Your care will only be transferred when you tell us you are ready. This will usually happen between 16 and 18 years of age. We may discuss this with you earlier; perhaps when you are about 14 years old so you will have plenty of time to learn about moving to adult services and can start to make decisions about your care.

**It is the job of both the children's and adult's service to help you get ready for this.**